

COVID – 19

Questions & Answers

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I THINK OR KNOW I HAVE COVID-19! WHAT SHOULD I DO?

<p>STAY HOME from work, school, or other public places.</p> 	<p>CHECK your SYMPTOMS. If they get worse, call your doctor.</p> 	<p>If you have an appointment, CALL AHEAD and inform them of your COVID status.</p> 	<p>NOTIFY any recent close CONTACTS AND EMPLOYER.</p> 	<p>COVER your COUGH or SNEEZE.</p> 
<p>Get plenty of REST and stay HYDRATED.</p> 	<p>WASH YOUR HANDS often with soap or hand sanitizer.</p> 	<p>STAY AWAY and DON'T SHARE with others in the house.</p> 	<p>CLEAN high-touch SURFACES.</p> 	<p>WEAR A MASK to prevent spread.</p> 

SYMPTOMS

For more information on COVID-19 symptoms, please visit:
www.cdc.gov/covid19-symptoms

COMMON

- Fever ($\geq 100.4^{\circ}$ F)
- Chills and Body Aches
- Coughing
- Shortness of Breath
- Loss of Taste or Smell

EMERGENCY

Call 911 or your doctor

- Trouble Breathing
- Chest Pain or Pressure
- Confusion
- Trouble Staying Awake
- Blue Lips or Face

<p>I Think I Had COVID-19, and I Had Symptoms!</p>	<p>I Tested Positive for COVID-19, But I Had No Symptoms!</p>	<p>I Have Been Around Someone Who Had COVID-19!</p>
<p>You should stay away from others until :</p> <ul style="list-style-type: none"> • 10 days have passed since your symptoms first started and • An additional 3 days have passed with no symptoms. 	<ul style="list-style-type: none"> • You can be around others after 10 days from the day you were tested. • Notify your employer and any close contacts. • Talk to your healthcare provider for more information. 	<ul style="list-style-type: none"> • If possible, stay home for 14 days. • Notify your employer and doctor. • Check your temperature twice a day. If you have a fever or difficulty breathing, contact your doctor.

San Patricio County thanks you for your continual patience and cooperation!